**Watch the Binge Drinking videos and use your notes to fill out the following questions**

1. What is binge drinking? Consumption of alcohol that raises the blood alcohol content to 0.08%

2. At what BAC level does your ability to drive become impaired? 0.08%

3-6. What are 4 common consequences of binge drinking?

* 1. Car crashes
  2. Violence
  3. HIV/Aids
  4. Injury/Death

7. What happens to the body when you drink too much?

Slow reflexes and loss of balance

8. Do you think family and friends affect a person’s decision to drink? Why or why not?

Yes, due to peer pressure and trying to fit in to society.

9. Why are drinking games so dangerous? Drinking games are dangerous since it can ruin your perception and you will probably keep drinking.

10-13. What are 4 signs of Alcohol Poisoning?

a. Mental confusion

b. Erratic breathing

c. Paleness/blueness of skin

d. Throwing up

14. What should you do if someone you are with passes out or exhibits signs of alcohol poisoning?

Call 911 that very moment.